November 2021 PROVISO BREAKFAST Wednesday Tuesday Thursday Friday Monday 1 3 4 Mini Waffles/ French Toast Sticks **Breakfast Sausage** Ham & Cheese **Breakfast Grilled** w/ Sausage Patty Wrap Croissant Cheese Muffin Top Yogurt Parfait W/Smoothies Cereal W/Pop Tart <u>Super Donut</u> Yogurt w/ Donuts Fresh Fruit w/Cheddar Stick Fruit Juice Fruit Juice Fruit Juice Fruit Juice Fresh Fruit Syrup Craisins Fresh Fruit Fresh Fruit **Chilled Fruit** Jelly/Syrup Jelly/Syrup Jelly/Syrup Jelly 10 8 9 11 12 Muffin W/ Cheese IW Breakfast Pizza Biscuit W/Sausage **Chicken Biscuit Breakfast Taco**

<u>Stick</u> Cereal & Muffin	Powdered Donuts	<u>Smoothie w/ Muffin</u>	<u>Strawberry Poptart</u>	<u>Cereal W/Graham</u> Cracker
Fruit Juice Fresh Fruit Jelly/Syrup	Craisins Fruit Juice Jelly	Fruit Juice Fresh Fruit Jelly/Syrup	Fresh Fruit Chilled Fruit Jelly	Fruit Juice Fresh Fruit Jelly/Salsa/Syrup
15	16	17	18	19
<u>Mini Waffles/</u> <u>Muffin Top</u>	<u>French Toast Sticks</u> <u>w/ Sausage Patty</u> <u>Yogurt Parfait</u>	<u>Breakfast Sausage</u> <u>Wrap</u>	<u>Ham & Cheese</u> <u>Croissant</u>	<u>Breakfast Grilled</u> <u>Cheese</u>
<u>W/Smoothies</u> Fruit Juice Fresh Fruit	Fresh Fruit Fruit Juice Syrup	<u>Cereal W/Pop Tart</u> Fruit Juice Craisins	<u>Super Donut</u> <u>w/Cheddar Stick</u> Fresh Fruit	<u>Yogurt w/ Donuts</u> Fruit Juice Fresh Fruit
Jelly/Syrup		Jelly/Syrup	Chilled Fruit Jelly	Jelly/ Syrup
22	23	24	25	26
<u>Muffin W/ Cheese</u> <u>Stick</u> <u>Cereal & Muffin</u> Fruit Juice Fresh Fruit Jelly/Syrup	<u>IW Breakfast Pizza</u> <u>Powdered Donuts</u> Craisins Fruit Juice Jelly	Thank	sgiving (Break
29	30	1	2	3
<u>Mini Waffles/</u> <u>Muffin Top</u> <u>W/Smoothies</u>	<u>French Toast Sticks</u> <u>w/ Sausage Patty</u> <u>Yogurt Parfait</u>	<u>Breakfast Sausage</u> <u>Wrap</u> <u>Cereal W/Pop Tart</u>	Ham & Cheese Croissant Super Donut	<u>Breakfast Grilled</u> <u>Cheese</u> <u>Yogurt w/ Donuts</u>
Fruit Juice Fresh Fruit Jelly/Syrup	Fresh Fruit Fruit Juice Syrup	Fruit Juice Craisins Jelly/Syrup	<u>w/Cheddar Stick</u> Fresh Fruit Chilled Fruit Jelly	Fruit Juice Fresh Fruit Jelly/ Syrup

Menu Prices Student: \$0

AND AND AND



SERVED DAILY SEASONAL- FRESH WHOLE FRUIT

1% WHITE OR FAT FREE FLAVORED MILK CONDIMENTS

This Product is funded by USDA. This institution is an equal opportunity provider.